



Volunteer Services

PROGRAM:	Meals on Wheels
Outcome	Volunteers in the communities served will have diverse and appropriate opportunities to volunteer in a range of programs of the society
VOLUNTEER POSITION	Meals On Wheels Drivers and Runners
Duties:	<ul style="list-style-type: none"> • Teams of volunteers pick up the food at Douglas College in specially designed and insulated food carriers. • Volunteers deliver meals to each recipient's home. • The volunteer plays an important social role with the clients. For many Meals on Wheels clients, the volunteer may be the only personal contact they have in a day. • Volunteer assist clients, if needed, in opening cartons and cutting food. • Volunteers inform the program coordinator of undelivered meals and/or concerns about a client or any concerns relating to meal delivery
Skills required:	<ul style="list-style-type: none"> • Capable of working cooperatively with others • Fluent in English
Special requirements:	<ul style="list-style-type: none"> • Criminal record check mandatory • Physically able to deliver meals • Friendly, compassionate and patient • Committed to provide excellent service • Punctual and reliable • Drivers must have a current driver's license and abstract • Driver's must have insurance coverage of 3 million
Commitment required: long term	Each volunteer can decide for him or herself, how many days they would like to volunteer. Delivery takes 45 minutes to 2 hours. Pick up is between 10:00 AM and 10:30AM Monday thru Friday.
Training required:	<ul style="list-style-type: none"> • Observe one route shift • Orientation by volunteer or program manager